



Improving People's Lives Through Innovations in Personalized Health Care

Surgical Site Infection Prevention

Syed Husain, M.B.,B.S., FACS, FASCRS.
Associate Professor – Clinical
Division of Colon and Rectal Surgery
Ohio State University



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER



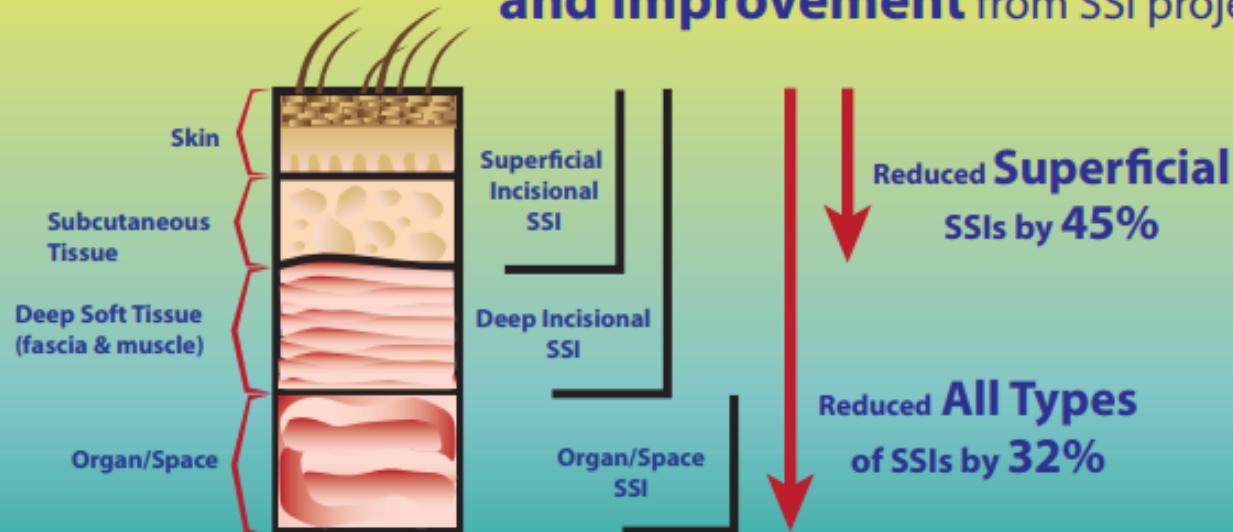
Nothing to Disclose

Surgical Site Infection (SSI)

- 2-5% of surgical patients experience SSI
- Estimated 500,000 SSI / yr
- Up to \$10 Billion / yr
- \$3000-29000 / SSI
- Significant morbidity
 - 2-11 times higher risk of death
 - 7-10 additional hospital days

Klevens RM, Edwards JR, et al: Estimating health care-associated infections and deaths in U.S. hospitals, 2002, Public Health Reports 2007;122:160-166

Cross section of abdominal wall showing the levels and types of SSIs and improvement from SSI project



Source: Joint Commission Center for Transforming Healthcare

www.centerfortransforminghealthcare.org

Superficial incisional SSI: infection involves only skin or subcutaneous tissue of the incision

Deep incisional SSI: infection appears to be related to the operation and involves deep soft tissues (ex: fascial and muscle layers) of the incision

Organ/space SSI: infection appears to be related to the operation and involves any part of the anatomy other than the incision (ex: organs or spaces), which was opened or manipulated during an operation

Source: www.centerfortransforminghealthcare.org



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Risk Factors for SSI

- Smoking
- Age
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach

Risk Factors for SSI

- Smoking
- Age
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach
- Well established risk factor¹
 - Superficial: OR: 1.3
 - Deep: OR: 1.4
 - Organ Space: OR: 1.38
- Mediators:
 - Nicotine
 - CO
 - Hydrogen Cyanide
 - Formaldehyde

1. Turan A, Mascha EJ, Roberman D, et al. Smoking and perioperative outcomes. *Anesthesiology*. 2011;114(4):837-846. doi:10.1097/ALN.0b013e318210f560



Risk Factors for SSI

- Smoking
- Age
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach
- Aging associated skin changes¹:
 - ↓ overall thickness
 - ↓ Langerhans cells (immunity)
 - ↓ number and function of fibroblasts
 - ↓ collagen production
 - ↓ dermal regeneration and repair
- Increased SSI?

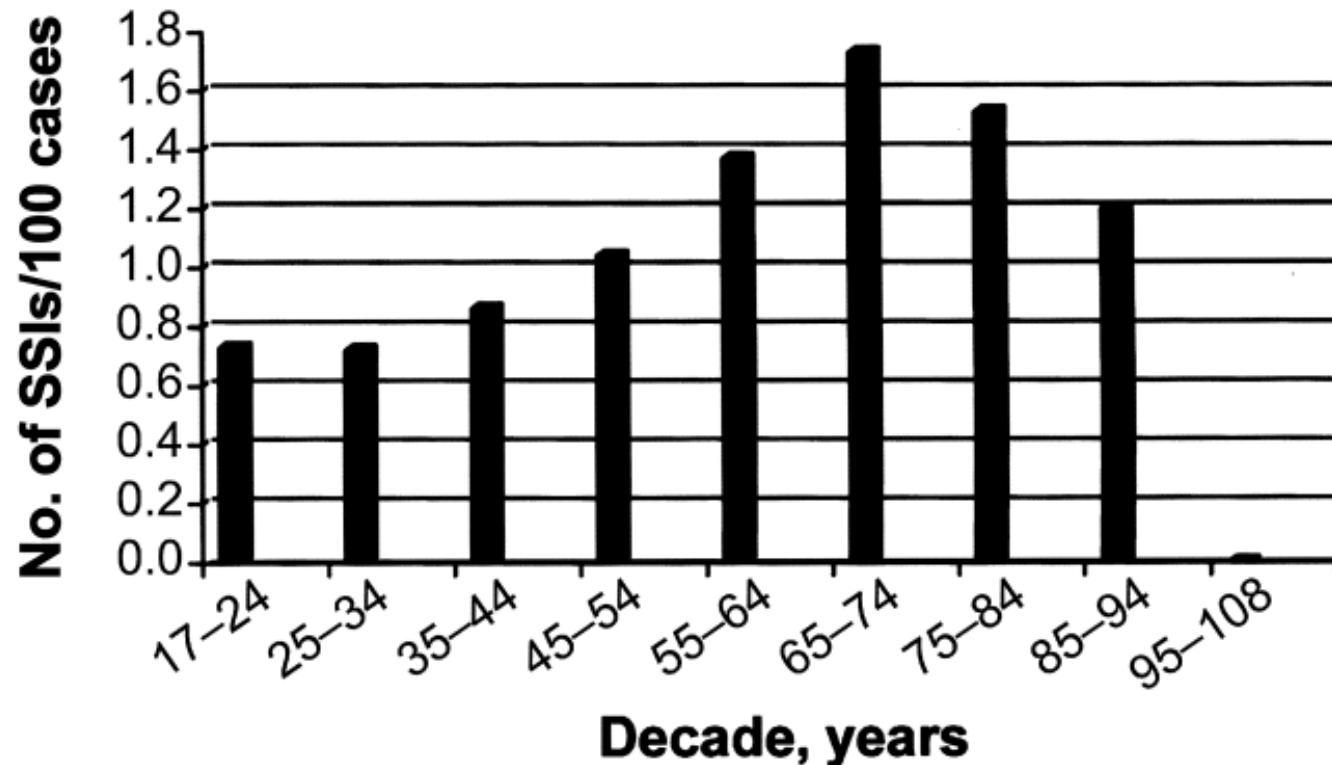
1. Fore J. A review of skin and the effects of aging on skin structure and function. *Ostomy Wound Manage.* 2006;52(9):24-37.

The Effect of Increasing Age on the Risk of Surgical Site Infection

The Journal of Infectious Diseases 2005;191:1056–62

Keith S. Kaye,^{1,3,4} Kristine Schmit,² Carl Pieper,⁴ Richard Sloane,⁴ Kathleen F. Caughlan,³ Daniel J. Sexton,^{1,3} and Kenneth E. Schmader^{4,5}

Divisions of ¹Infectious Diseases and ²Geriatrics, Department of Medicine, School of Medicine, and ³Duke Infection Control Outreach Network, and ⁴Center for the Study of Aging and Human Development, Duke University Medical Center, and ⁵Geriatric Research, Education, and Clinical Center, Durham Veterans Affairs Medical Center, Durham, North Carolina



Risk Factors for SSI

- Smoking
- Age
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach
- No universally accepted definition
 - ↓ Body weight
 - Weight loss
 - ↓ Albumin
 - ↓ Prealbumin
- Hypoalbuminemia is an independent risk factor¹

1. Hennessey DB, Burke JP, Ni-Dhonochu T, Shields C, Winter DC, Mealy K. Preoperative hypoalbuminemia is an independent risk factor for the development of surgical site infection following gastrointestinal surgery: a multi-institutional study. *Ann Surg.* 2010;252(2):325-329. doi:10.1097/SLA.0b013e3181e9819a

Risk Factors for SSI

- Smoking
- Age?
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach
- Multifactorial¹
 - Hyperglycemia
 - Chronic inflammation
 - Micro and macro-circulatory dysfunction
 - Hypoxia
 - Autonomic and sensory neuropathy
 - Impaired neuropeptide signaling

1. Baltzis D, Eleftheriadou I, Veves A. Pathogenesis and treatment of impaired wound healing in diabetes mellitus: new insights. *Adv Ther.* 2014;31(8):817-836. doi:10.1007/s12325-014-0140-x



Risk Factors for SSI

- Smoking
- Age?
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach

Table 1

Pooled estimates of the association between diabetes and SSI by surgery type

Surgery Type	Number of Studies	Pooled Estimate	95% Prediction Interval	I ² , %
Gynecological	6	1.61	(1.15, 2.24)	4.0
Colorectal	7	1.16	(0.93, 1.44)	9.5
Arthroplasty	6	1.26	(1.01, 1.66)	11.7
Breast	5	1.58	(0.91, 2.72)	2.7
Cardiac	15	2.03	(1.13, 4.05)	22.4
Spinal	14	1.66	(1.10, 2.32)	8.1
Other/Multiple Surgery types combined	37	1.46	(1.07, 2.00)	41.5

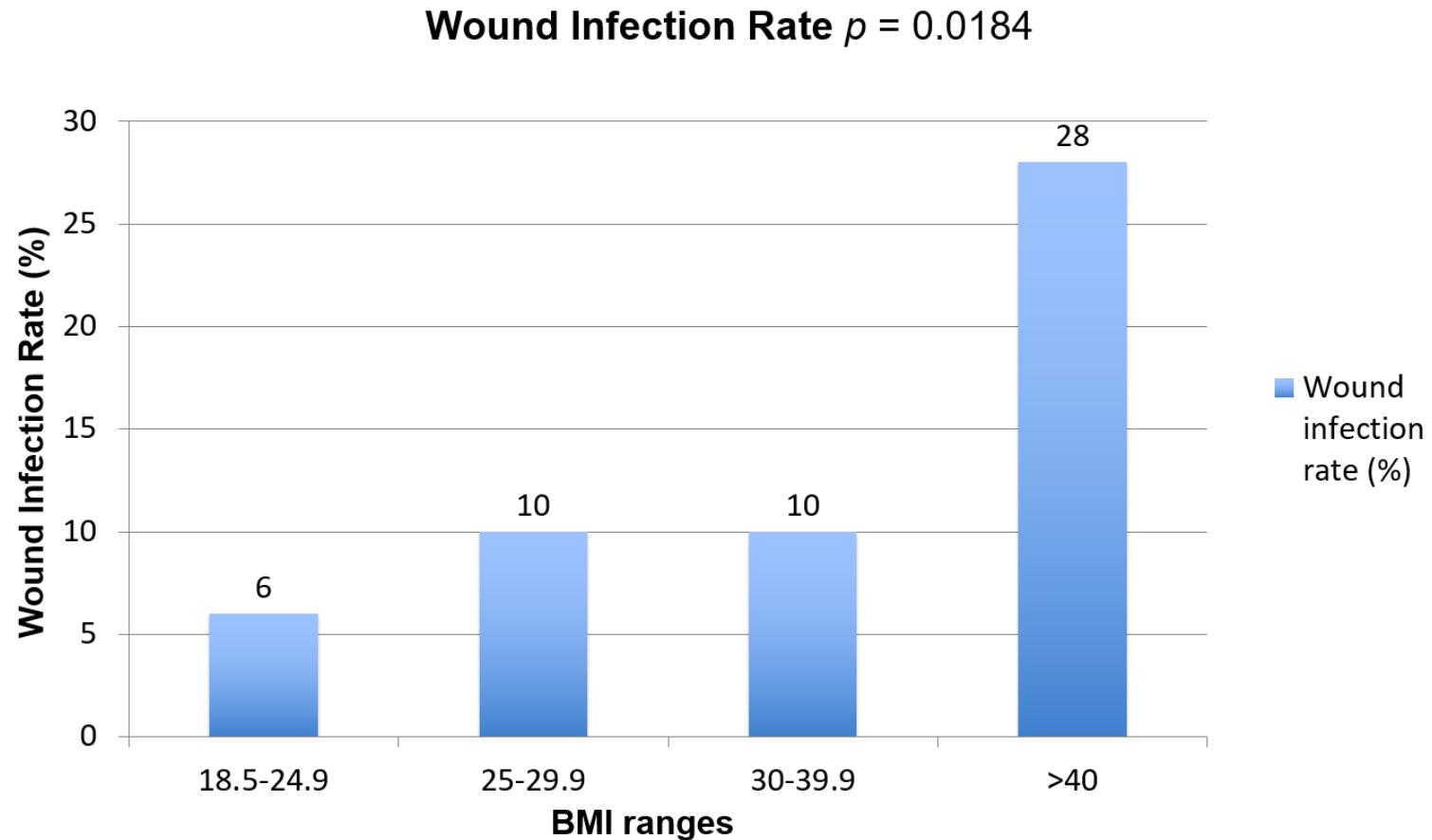
Martin ET, Kaye KS, Knott C, et al. Diabetes and Risk of Surgical Site Infection: A Systematic Review and Meta-analysis. Infect Control Hosp Epidemiol. 2016;37(1):88-99. doi:10.1017/ice.2015.249

Risk Factors for SSI

- Smoking
- Age?
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach
- Multifactorial¹:
 - Inherent anatomic features of adipose tissue
 - Vascular insufficiencies
 - Cellular and composition modifications
 - Oxidative stress
 - Alterations in immune mediators
 - Nutritional deficiencies

1. Pierpont YN, Dinh TP, Salas RE, et al. Obesity and surgical wound healing: a current review. *ISRN Obes.* 2014;2014:638936. Published 2014 Feb 20. doi:10.1155/2014/638936

BMI and SSI in Colorectal Surgery – OSU Data



Impact of Obesity on Short-term Outcomes after Laparoscopic Colorectal Resections: A Multivariate Analysis. Tuthill S, Harzman A, Arnold M, Husain S. American Society of Colon and Rectal Surgeons 2015 Annual meeting. May 30 - June 3, Boston, MA.

Risk Factors for SSI

- Smoking
- Age?
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach
- Arterial and venous vascular insufficiency associated with poor wound healing



Risk Factors for SSI

- Smoking
- Age?
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach
- Chemotherapy
 - EGFR (Cetuximab)
 - VEGF (Bevacizumab)
- Steroids
- Radiation
- At risk:
 - Transplant
 - Cancer
 - Inflammatory Bowel Disease



Risk Factors for SSI

- Smoking
- Age?
- Poor Nutrition
- Diabetes
- Obesity
- Vascular Disease
- Immune Dysfunction
- Surgical approach
- Emergency vs Elective
- MIS vs Open
- Extraction site





SSI Prevention

Pre-operative Interventions

- Smoking Cessation
- Weight Reduction
- Nutritional Optimization
- Glycemic Control
- Bowel Prep
- Antibiotics
- Skin Prep / Draping

Pre-operative Interventions

- Smoking Cessation
- Weight Reduction
- Nutritional Optimization
- Glycemic Control
- Bowel Prep
- Antibiotics
- Skin Prep / Draping
- Smoking Cessation
Clinic referral



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Wound Healing and Infection in Surgery

The Clinical Impact of Smoking and Smoking Cessation: A Systematic Review and Meta-analysis

Lars Tue Sørensen, MD

ARCH SURG/VOL 147 (NO. 4), APR 2012

WWW.ARCHSURG.COM

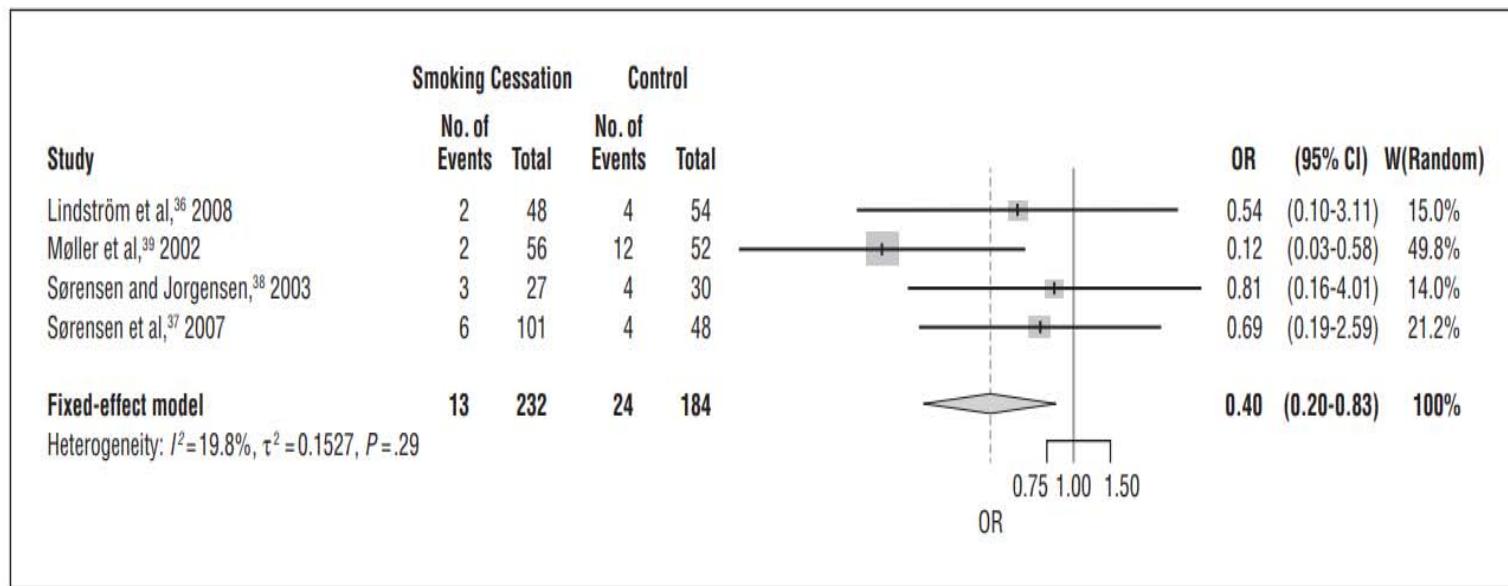


Figure 3. Meta-analysis (sensitivity analysis) of the effect of perioperative smoking cessation intervention on surgical site infection. The size of the data marker corresponds to the relative weight assigned in the pooled analysis using fixed-effects models. OR indicates odds ratio; W, weighted.



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Pre-operative Interventions

- Smoking Cessation
- Weight Reduction
- Nutritional Optimization
- Glycemic Control
- Bowel Prep
- Antibiotics
- Skin Prep / Draping
- Smoking Cessation Clinic referral
- Pharmacologic adjuncts
 - Varenicline tartrate (Chantix)
 - Buproprion hydrochloride (Zyban)
- Nicotine replacement



Abstinence From Smoking Reduces Incisional Wound Infection:

A Randomized Controlled Trial

Annals of Surgery • Volume 238, Number 1, July 2003

Lars Tue Sorensen, MD, *† Tonny Karlsmark, MD, DMSci, * and Finn Gottrup, MD, DMSci*

- 48 smokers and 30 non smokers
- Smokers randomized:
 - Continuous smoking
 - Abstinence with transdermal nicotine
 - Abstinence with placebo patch
- Results (SSI Rates):
 - Non Smokers: 2%
 - Smokers:
 - Continuous Smoking: 22%
 - Abstinent: 1.1%
- Nicotine did not have any deleterious effect on SSI



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Pre-operative Interventions

- Smoking Cessation
- Weight Reduction
- Nutritional Optimization
- Glycemic Control
- Bowel Prep
- Antibiotics
- Skin Prep / Draping
- Diet & exercise
- Pharmacologic adjuncts
 - Orlistat (Xenical, Alli)
 - Lorcaserin (Belviq),
 - Phentermine-topiramate (Qsymia)
 - Naltrexone-bupropion (Contrave)
 - Liraglutide (Saxenda)
 - GLP-1 Agonists
- Surgical weight loss?



Pre-operative Interventions

- Smoking Cessation
- Weight Reduction
- Nutritional Optimization
- Glycemic Control
- Bowel Prep
- Antibiotics
- Skin Prep / Draping
- Nutritionist consultation
- Enteral supplements
 - Tube feeds
- Preoperative TPN
- Should surgery be delayed in severe malnutrition?
- Immunonutrition?
 - Glutamine
 - Arginine



Pre-operative Interventions

- Smoking Cessation
- Weight Reduction
- Nutritional Optimization
- Glycemic Control
- Bowel Prep
- Antibiotics
- Skin Prep / Draping
- American Diabetes Association Recommendations¹:
 - HbA1c levels on all patients with > 140 mg/dl
 - Target glucose range: 80–180 mg/dl (4.4–10.0 mmol/L).
 - Withhold oral hypoglycemic agents the morning of surgery
 - Give half of NPH dose or 60–80% doses of a long-acting analog or pump basal insulin
 - Monitor blood glucose at least every 4–6 h while NPO and dose with short-acting insulin as needed

1. American Diabetes Association. 14. Diabetes Care in the Hospital: *Standards of Medical Care in Diabetes-2018. Diabetes Care.* 2018;41(Suppl 1):S144-S151. doi:10.2337/dc18-S014



Pre-operative Interventions

- Smoking Cessation
- Weight Reduction
- Nutritional Optimization
- Glycemic Control
- Bowel Prep
- Antibiotics
- Skin Prep / Draping
- Mechanical bowel prep reduces infections in colorectal procedures
- No clear role in non colorectal procedures



Pre-operative Interventions

- Smoking Cessation
- Weight Reduction
- Nutritional Optimization
- Glycemic Control
- Bowel Prep
- Antibiotics
- Skin Prep / Draping
- Oral Antibiotic prep
 - Neomycin + Erythromycin
 - Neomycin + Metronidazole
- Parenteral Antibiotic prophylaxis
 - High risk procedures
 - Within one hour before incision
 - Cefazolin for most general surgical procedures
 - Cefoxitin + Metronidazole or Ertapenem for colorectal procedures
 - Redose for procedures that extend 2.5 half life or for every 1500ml of blood loss
 - Discontinue after the procedure



Combination oral and mechanical bowel preparations decreases complications in both right and left colectomy



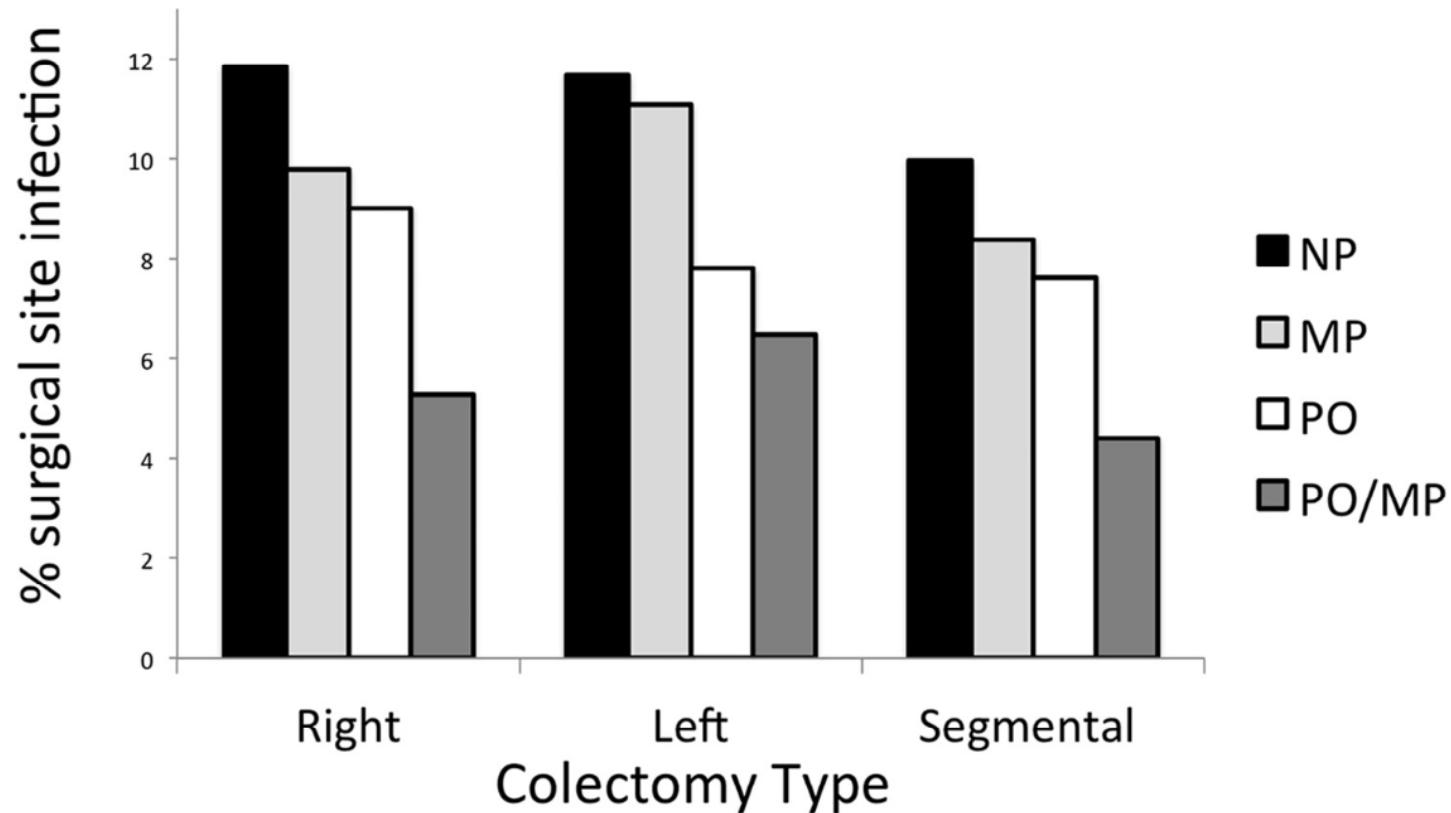
Emily F. Midura ^{a,b}, Andrew D. Jung ^{a,b}, Dennis J. Hanseman ^{a,b}, Vikrom Dhar ^{a,b},
Shimul A. Shah ^{a,b}, Janice F. Rafferty ^a, Bradley R. Davis ^c, and Ian M. Paquette ^{a,b,*}

^a Department of Surgery, University of Cincinnati School of Medicine, Cincinnati, OH

^b Cincinnati Research in Outcomes and Safety in Surgery (CROSS), Cincinnati, OH

^c Carolinas Medical Center, Charlotte, NC

Surgery 163 (2018) 528–534



Pre-operative Interventions

- Smoking Cessation
- Weight Reduction
- Nutritional Optimization
- Glycemic Control
- Bowel Prep
- Antibiotics
- Skin Prep / Draping
- Preop Chlorhexidine bathing?
- Chlorhexidine impregnated cloths
- Hair Clipping (not shaving)
- Skin prep: Alcohol > Chlorhexidine > Iodine



Intra-operative Measures

- Glycemic Control
- Normothermia
- Sterile Technique
- Wound Protectors
- Surgical Technique

Intra-operative Measures

- Glycemic Control
- Normothermia
- Sterile Technique
- Wound Protectors
- Surgical Technique
- Intraoperative glucose monitoring q1-2 hrs
- Short acting insulin
- Electrolyte monitoring
- May need infusion for long cases



Intra-operative Measures

- Glycemic Control
- Normothermia
- Sterile Technique
- Wound Protectors
- Surgical Technique
- Intra-op hypothermia associated with SSI, OR:1.6¹
- Warming blankets
- Fluid warmers

1. Bu N, Zhao E, Gao Y, et al. Association between perioperative hypothermia and surgical site infection: A meta-analysis. *Medicine (Baltimore)*. 2019;98(6):e14392. doi:10.1097/MD.0000000000014392



Intra-operative Measures

- Glycemic Control
- Normothermia
- Sterile Technique
- Wound Protectors
- Surgical Technique
- Sterile Technique:
 - Minimize / contain contamination
 - Obliterate dead space
 - Irrigation?



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Intra-operative wound irrigation to reduce surgical site infections after abdominal surgery: a systematic review and meta-analysis

Tara C. Mueller · Martin Loos · Bernhard Haller ·
 André L. Mihaljevic · Ulrich Nitsche · Dirk Wilhelm ·
 Helmut Friess · Jörg Kleeff · Franz G. Bader

Langenbecks Arch Surg (2015) 400:167–181

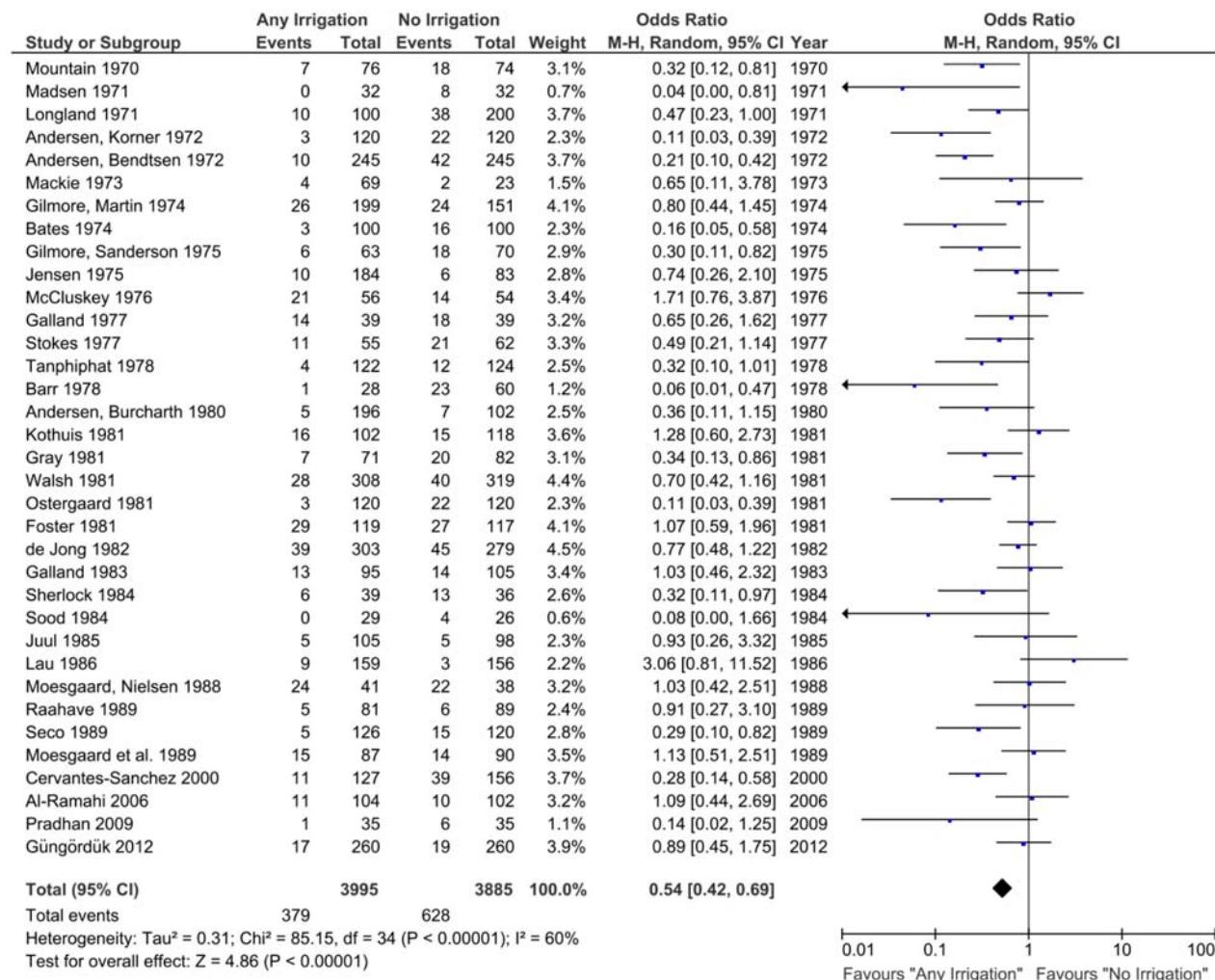


Fig. 2 Forest plot of IOWI with any irrigation solution vs. no irrigation (group A). Individual and pooled effect estimates for all 35 included studies are shown

Intra-operative Measures

- Glycemic Control
- Normothermia
- Sterile Technique
- Wound Protectors
- Surgical Technique
- GI procedures
- Randomized data



Barrier Wound Protection Decreases Surgical Site Infection in Open Elective Colorectal Surgery: A Randomized Clinical Trial

Dis Colon Rectum 2010; 53: 1374–1380

Kate Reid, B.Med.¹ • Peter Pockney, D.M., F.R.C.S.²

Brian Draganic, B.Med., F.R.A.C.S.³ • Stephen R. Smith, M.S., F.R.A.C.S.³

¹ Canberra Hospital, Canberra City, Australian Capital Territory, Australia

² Department of GI Surgery, Imperial College Healthcare Trust, London, United Kingdom

³ Division of Surgery, John Hunter Hospital, University of Newcastle, Newcastle, New South Wales, Australia

TABLE 3. Results

	<i>Control</i> (n = 66)	<i>Intervention</i> (n = 64)	P
SSI: as per CDC guidelines, n (%)	15 (22.73)	3 (4.69)	.004
Reoperation for SSI	1	0	1.000
Readmissions for SSI	3	2	1.000
Formal wound drainage for SSI	3	1	.619
Purulent wound drainage	12	2	.009
Intravenous antibiotic (no. of courses used to treat SSI)	10	3	.077
Oral antibiotics (no. of courses used to treat SSI)	10	3	.077
Total length of stay: mean days (SD)	12.3 (6.2)	13.7 (14.1)	.463

SSI = surgical site infection; CDC = Centers for Disease Control and Prevention.



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Intra-operative Measures

- Glycemic Control
- Normothermia
- Sterile Technique
- Wound Protectors
- Surgical Technique
- Minimally invasive approach



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Lap vs Open Colectomies – OSU Data

	Laparoscopic n=1,008		Open n=610		p-value
Surgical Site Infection	126	12.50%	110	18.03%	0.002
Deep Incisional SSI	33	3.27%	40	6.56%	0.002
Superficial Incisional SSI	13	1.29%	17	2.79%	0.031
Organ Space SSI	83	8.23%	59	9.67%	0.322

Association of Open Approach vs Laparoscopic Approach With Risk of Surgical Site Infection After Colon Surgery

Daniel A. Caroff, MD, MPH; Christina Chan, MPH; Ken Kleinman, ScD; Michael S. Calderwood, MD, MPH; Robert Wolf, BTS; Elizabeth C. Wick, MD; Richard Platt, MD, MSc; Susan Huang, MD, MPH

Table 4. Population Attributable Fractions and Raw SSI Rates, Stratified by Surgical Approach (Laparoscopic or Open)

Procedure	No. (% Unadjusted SSI Rate)			PAF for Open Procedures, %
	Overall	Laparoscopic	Open	
Total, all 5 procedures combined	229 726 (6.2)	10 5144 (4.1)	124 585 (7.9)	34.2
Right hemicolectomy	121 065 (5.8)	55 871 (3.9)	65 194 (7.4)	33.4
Sigmoidectomy	65 759 (6.3)	30 541 (4.1)	35 218 (8.2)	34.4
Left hemicolectomy	21 572 (7.6)	8138 (5.1)	13 434 (9.1)	32.4
Other partial excision of large intestine	11 244 (6.4)	6772 (3.9)	4472 (10.2)	39.3
Resection of transverse colon	10 086 (6.2)	3822 (4.1)	6264 (7.5)	33.6



Intra-operative Measures

- Glycemic Control
- Normothermia
- Sterile Technique
- Wound Protectors
- Surgical Technique
- Minimally invasive approach
 - Hand assist?
 - Extraction site



Impact of the extraction-site location on wound infections after laparoscopic colorectal resection



Cigdem Benlice, Luca Stocchi*, Ipek Sapci, Emre Gorgun, Hermann Kessler, David Liska, Scott R. Steele, Conor P. Delaney

Department of Colorectal Surgery, Digestive Disease Institute, Cleveland Clinic, Cleveland, OH, USA

The American Journal of Surgery 217 (2019) 502–506

Table 2

Multivariate analysis of factors associated with the risk of extraction site surgical site infection.

Variable	Odds Ratio (95% CI)	P-value
BMI (per 5-Kg/m ² increments)	1.2 (1.1–1.3)	<0.001
Extraction Site Locations		0.006
<i>RLQ/LLQ^a</i>	1	
<i>Infraumbilical midline</i>	2.8 (1.4–5.5)	0.003
<i>Midline (converted)</i>	3.8 (1.9–7.6)	<0.001
<i>Periumbilical midline</i>	3.0 (1.5–6.0)	0.002
<i>Pfannenstiel</i>	2.6 (1.3–4.9)	0.004
<i>Stoma site</i>	1.1 (0.30–4.3)	0.84
Dissection/anastomosis above peritoneal reflection	2.9 (1.4–6.0)	0.005
Intraoperative adhesions	1.4 (1.03–1.8)	0.033
Surgical Procedure		0.020
<i>Total abdominal colectomy^a</i>	1	
<i>Left-sided colectomy</i>	1.9 (1.05–3.5)	0.034
<i>Right-sided colectomy</i>	1.4 (0.79–2.5)	0.24
<i>Proctectomy</i>	2.2 (0.97–5.1)	0.059
<i>Total proctocolectomy</i>	3.2 (1.4–7.2)	0.005
Diagnosis		<0.001
<i>Neoplasm^a</i>	1	
<i>Crohn's disease</i>	1.6 (1.04–2.5)	0.033
<i>Diverticulitis</i>	1.9 (1.2–3.1)	0.009
<i>Ulcerative colitis</i>	3.0 (1.6–5.4)	<0.001
<i>Others^b</i>	1.2 (0.72–2.1)	0.44
Operative time (per 30-min increments)	1.04 (0.99–1.10)	0.099
Incision Length (per 1-cm increments)	1.02 (0.97–1.08)	0.40
Estimated blood loss (per 100-cc increments)	1.04 (0.98–1.1)	0.23

Multivariate analysis of risk factors for surgical site infection after laparoscopic colorectal surgery

Joseph Drosdeck · Alan Harzman · Andrew Suzo ·
Mark Arnold · Mahmoud Abdel-Rasoul ·
Syed Husain

Table 3 Multivariate logistic regression analysis for SSI

Variable	Odds Ratio	95 % CI	p value
IBD	3.32	1.45–7.56	0.004
BMI	1.07	1.02–1.11	0.002
Hand-assisted	2.25	1.02–4.97	0.045

IBD inflammatory bowel disease, BMI body mass index

Intra-operative Measures

- Glycemic Control
- Normothermia
- Sterile Technique
- Wound Protectors
- Surgical Technique
- Minimally invasive approach
 - Hand assist?
 - Extraction site
- Closure protocol
 - Antibiotic impregnated sutures
 - Closure table
 - Dermabond



Intra-operative Measures

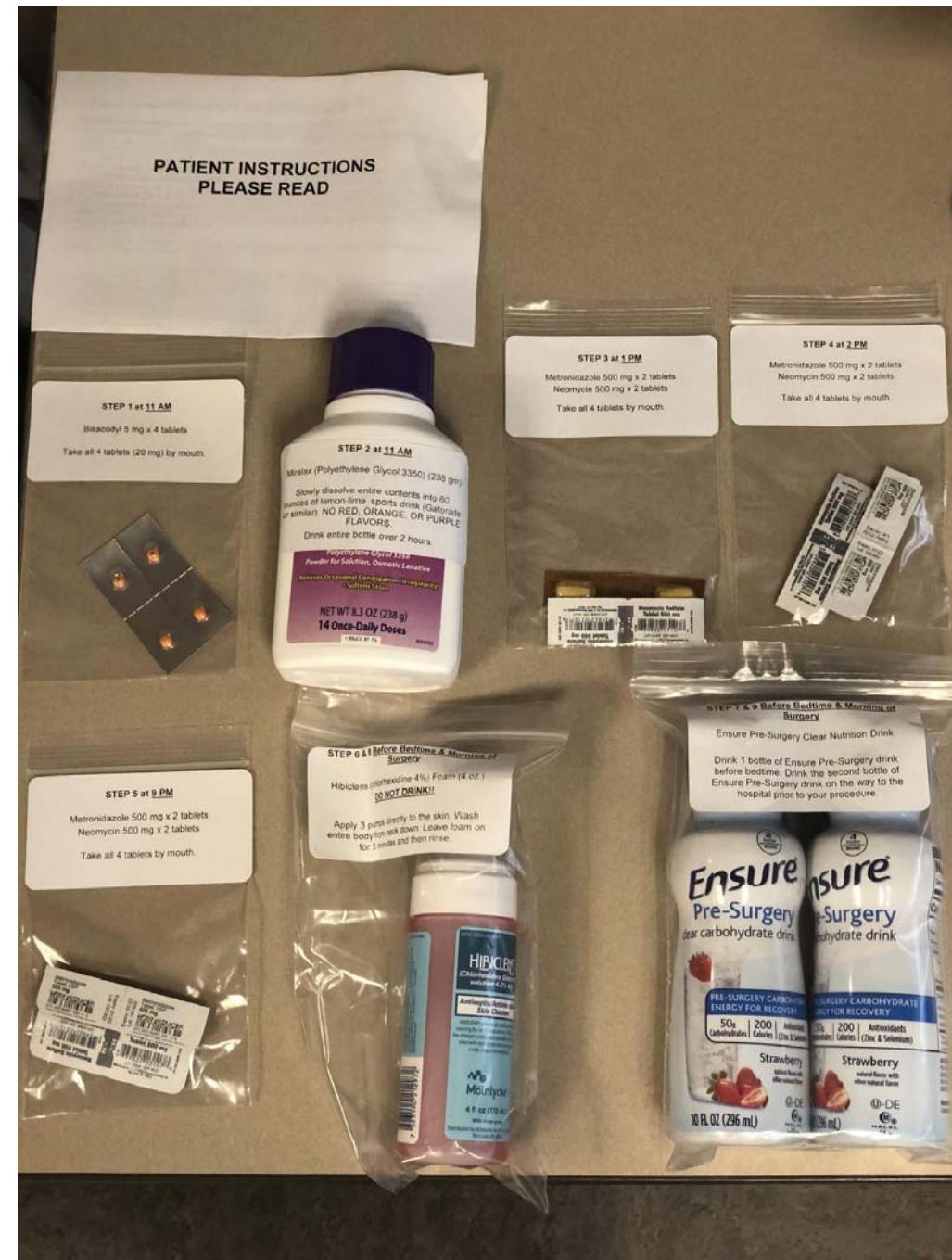
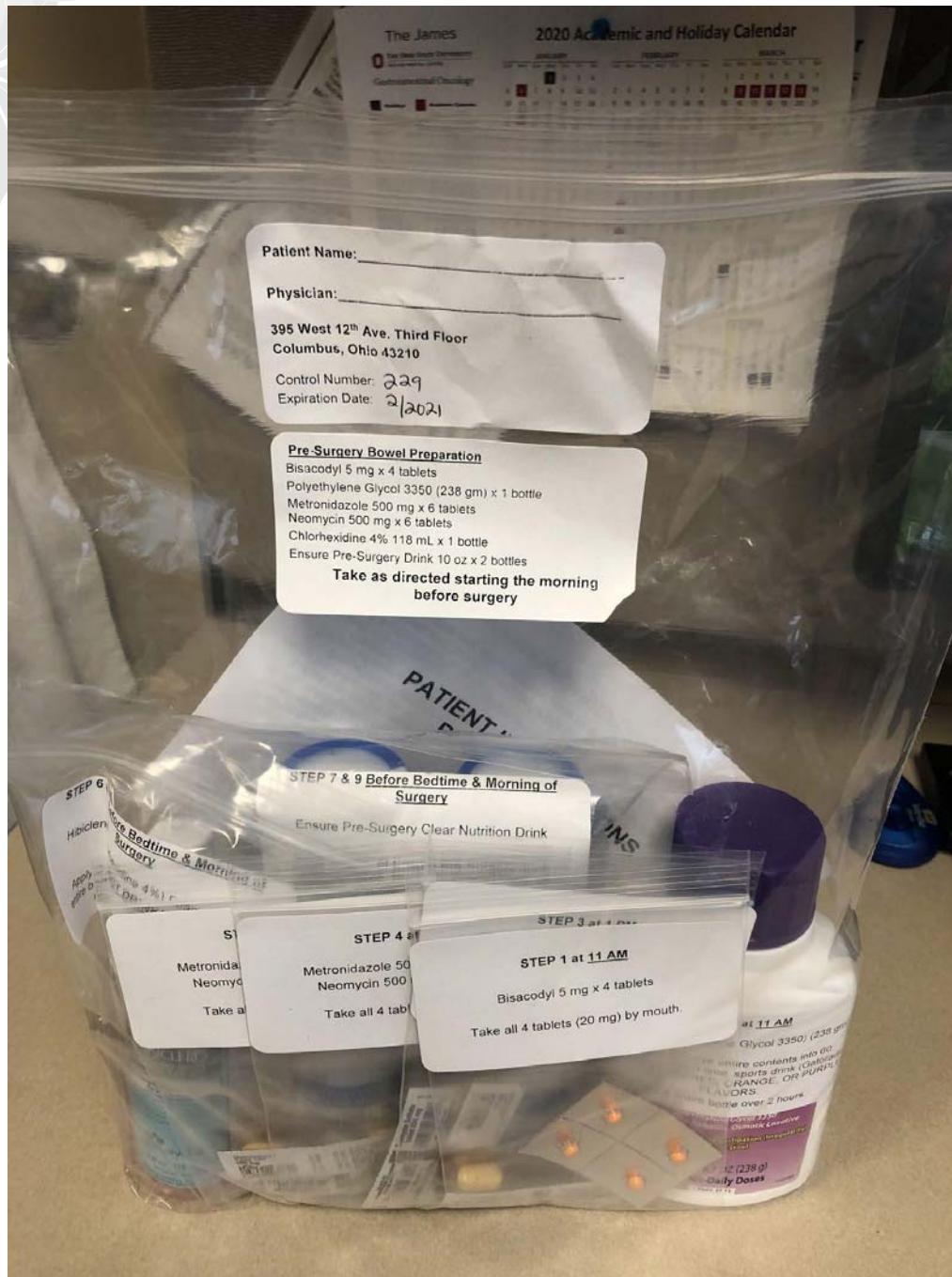
- Glycemic Control
- Normothermia
- Sterile Technique
- Wound Protectors
- Surgical Technique
- Incision Site
- Closure Protocol



Post-operative Care

- Surgical dressing removal
- Early showering
- Early ambulation
- Glycemic Control
- Topical antibiotics
- Wound vac

Role of ERAS Bundles



Compliance with preoperative care measures reduces surgical site infection after colorectal operation

J Surg Oncol. 2019;119:497-502.

Francisco A. Guzman-Pruneda MD¹ | Syed G. Husain MBBS² |

Christian D. Jones MD, MS, FACS³ | Eliza W. Beal MD³ | Erica Porter RN⁴ |

Michele Grove RN⁴ | Susan Moffatt-Bruce MD, PhD, MBA, FACS⁵ |

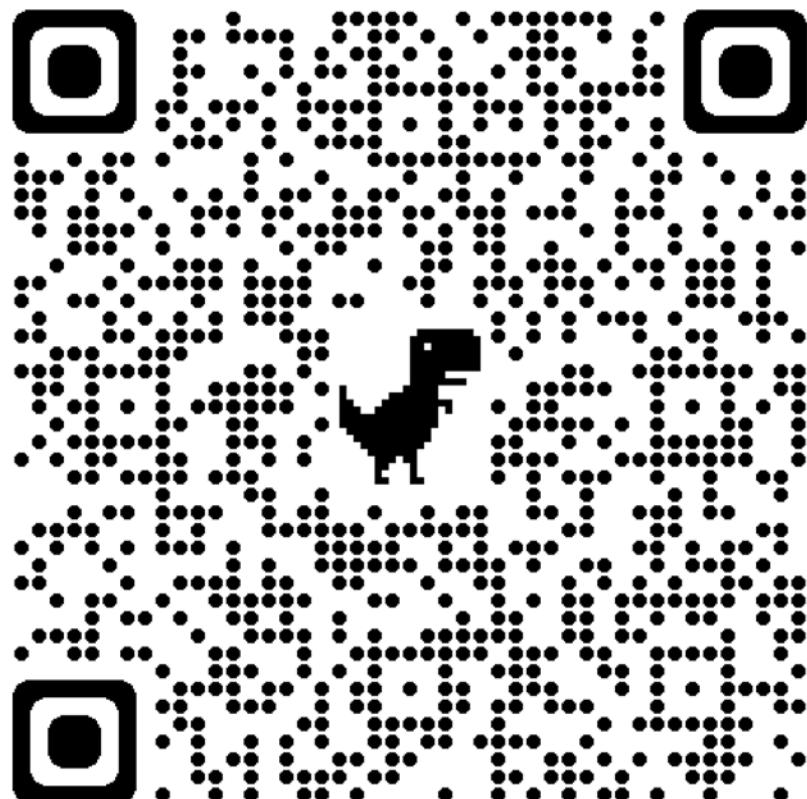
Carl R. Schmidt MD, FACS¹ 

- Five Compliance measures
 - 1. Bowel preparation
 - 2. Preoperative Chlorhexidine wash / cloth
 - 3. Chloraprep skin prep
 - 4. Preoperative antibiotics
 - 5. Hair clipping
- SSI Rates:
 - 5/5 compliance: 5%
 - Less than full compliance: 16%



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Online Resources



Thank you!



syed.husain@osumc.edu



[Colon_doc](#)